

ACT ON
CANCER

TOGETHER



“Screening caught my cancer early and probably saved my life”.

If you're 54 - 74, you will be sent a DIY bowel cancer screening kit. They're quick, hygienic and easy to use.

Do the test today.



If you want to know more about bowel cancer or need help with the test, please get in touch. Scan the QR code to go to actoncancertogether.org.uk or call 01273 234769.



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Knowing the symptoms of bowel cancer could save your life



Bleeding from your bottom and/or blood in your poo.



A persistent and unexplained change in your bowel habit.



Unexplained weight loss.



Extreme tiredness for no obvious reason.



A pain or lump in your tummy.

See a GP if you have had any of these symptoms for three weeks or more.



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If caught early, more than 90% of bowel cancer cases can be treated successfully.

Bowel cancer claims the lives of around 46 people every day.

One in 20 people in the UK will develop bowel cancer at some time during their lives.

Almost 43,000 new cases of bowel cancer are diagnosed in the UK each year. That's nearly **120 every single day**.

The bowel cancer screening test detects tiny traces of blood in your poo, which can be an early sign of bowel cancer.

Bowel cancer can occur without any noticeable symptoms. So it's really important to do your bowel cancer screening test. You should be sent one in the post every 2 years if you are between 54 and 74. Currently, only 69.6% do the test. If more people did the test, more lives could be saved.

Find out more at <https://www.bowelcanceruk.org.uk/>



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