



Turner Newsletter

Summer 2023 Edition

**SOUTHEAST
DANCE**

FOOD

**TASTER
CLASSES**

**DANCE
PERFORMANCES**

OUR CITY DANCES

A day of family fun celebrating nature and wellbeing

SATURDAY 1 JULY, 10AM – 6.30PM

F R E E

WORKSHOPS

SILENT DISCOS

**COMMUNITY
STALLS**

The Dance Space & Events Square,
2 Market Square, Circus Street,
Brighton, BN2 9AS

southeastdance.org.uk

  Supported using public funding by
**ARTS COUNCIL
ENGLAND**


**Brighton & Hove
City Council**

**THE
CHALK
CLIFF
TRUST**

Brighton & Hove Buses

**THE
PEBBLE
TRUST**

Welcome to the Summer issue of the Tarner Newsletter.

Despite difficult times, both nationally and internationally, Summer is making its way to Tarner and what a better way to celebrate it than through local events! Southeast Dance brings us **Our City Dances festival** and Albion Life's Fun day and annual general meeting at their amazing Community Garden, are some of the highlights. Free University Brighton will introduce you to 'education for love, not money'.

Meet your newly elected councillors. Find out more about critical local and citywide support projects such as The Hanover Homeless Project; Phoenix Food Shop Social Supermarket and the Sussex Refugee and Migrant Self Support Group. Strive for creativity by joining free workshops and activities at Phoenix Art Space or the new 'Grow Your Life' weekly sessions at Thornsedale.

You will also discover the new composting project with White Street Community Garden and how to join Friends of Tarner Park.

The Trust for Developing Communities (TDC) is supporting Albion Life to become the host the Tarner Newsletter in future. A welcomed move towards a newsletter owned by and for community (see more in the right column) Want to be involved or have any ideas... why not complete our brief questionnaire (see inside back page.)

Read on...Hope you enjoy and feel inspired!

White Street Community Garden



Over the winter we have been busy tidying up the garden, planting more plants, improving the steps and putting down some new pathways. A 'Bug Hotel' was built for insects.

We're now involved with 2 community projects: The first is a composting project with the Brighton and Hove Food Partnership, and shortly there will be 2 locked bins for members of the composting group. If you're interested to join drop an email to compost@bhfood.org.uk – or visit

<https://bhfood.org.uk/directory-hub/community-composting/>

The second project is with the Russell Martin Foundation in Carlton Hill. Small groups of young people come down to the garden once or twice a week to work a small patch of the garden in a wildlife friendly way. You can find out more about them at <https://www.russellmartinfoundation.co.uk/>

Please come and have a look, enjoy the space, and if you're interested in helping out, drop us an email at whitestreetcg@outlook.com We are usually about on a **Sunday afternoon** and happy to chat whenever you see us out there...

Tarner News Summer 2023

CONTENTS

White Street Community Garden	2
Tarner Community Project	2
Albion Life	3
Central Area Update	4
New Ward Councillors	4
Hanover Homeless Project	5
Free University at Thornsedale	5
Jollof Café	6
Healthy Neighbourhood Fund	6
Phoenix Food Project	7
Questionnaire	7



Tarner Community Project

Tarner Community Project are pleased to announce the re-launch of the **Friends of Tarner Park**

Do you live or work in the Tarner area? Do you want to help maintain our beautiful park and build a sense of community? We believe Tarner Park is a wonderful asset that should be enjoyed by everyone. As well as gardening and other green-fingered projects, we also plan to run more community events. No membership fees, no minimum time commitment. No experience is necessary - just bring your enthusiasm!

Initial informal gatherings will take place in July. To register your interest please contact Sarah Perryman via email to sarah@tarner.org.uk or by phone on 01273 679 940

ALBION LIFE

At Albion Life we come together in friendship, care and understanding to build a better community. Come and see us we are usually around the hub or in the garden

As well as the project highlights below, at Albion Life we've been busy working with The Trust for Developing Communities (TDC) on hosting the Tarner Newsletter if you have an interest in journalism, social media platforms or promoting the best that is happening in our area let us know

There's so much going on in Tarner, and it is just the beginning! We aim to include in each issue, residents stories TDC continue to support the production of the Tarner Newsletter.

We work as a community to bringing contributions from all groups large and small in the area together to produce this beautiful summer issue.

We hope you enjoy reading it!



You're invited to Albion Life's Funday and AGM 16th July 12:30 till 16:00

Come and find out about what we do. How we help people fix their bikes. Join our bike track challenge - winners will receive a free bike and a huge cheer!

Don't miss out on the opportunity to taste some delicious food cooked by the Jollof Café, run by the Sussex Refugee and Migrant Self Support Group.

If you can't make the AGM we are outside Thorns-dale most Saturdays from 10 to 12 providing a space, some tools and a friendly atmosphere for people to come and fix bikes.

Albion Community Garden

Working together with friends and neighbours is a joy and hearing people say how much they value the peace and quiet, where they have a place to relax on a free day, or somewhere to unwind after a hectic day, or a spot to meditate on how to approach the rest of the day, multiplies that joy a thousand times.

Many of the volunteers and gardeners have young children and they generate such excitement as they find worms, snails and insects, become enthralled watching the birds bathing, and there enthusiasm and energy seems boundless as they help with tasks around the garden.

PHOENIX ART SPACE

Do you know about the community engagement programme at Phoenix Art Space? Our **FREE** workshops and activities include:

Creative sessions for people over 50yrs – monthly on Friday mornings

Family workshops – on Saturday mornings every six weeks and Thursday mornings during the school holidays

Community Takeover exhibition and workshop programme – September

We want local residents to take part, get creative and have some fun! For more info including dates and times contact Chloe Hoare chloe@phoenixbrighton.org 01273 603700



Central Area Community Development Worker Update – Summer 2023

Hi, I'm Cal and I can help with governance, fundraising, setting up activities and projects to get involved in in the Tarner and Eastern Road area. Part of my work has been supporting the Healthy Neighbourhood Fund (HNF), administered by Albion Life with applications evaluated by local community members. The HNF is aimed at supporting small community groups and projects with a focus on improving health and wellbeing in the area. Well done to the following groups and projects in Tarner and Eastern Road:

Dorset Mews - greening of communal areas

Exploring Senses CIC - 'Makers Laboratory' Club for young people

Fibroflys - peer support for people living with Fibromyalgia

Leach Court - trips for residents with limited mobility

Martlets Court - chair-based exercise sessions for older people

Millwood Community Centre – providing a 'warm space' during cost-of-living crisis

Patching Lodge - 'Movement to Music' for older people

People into Permaculture - 'Grow Your Life' peer support

Young person's art group @ Tarner Community Project - improving Tarner Park

Want to apply to this year's fund? **Deadline September 29th**. Get in touch with me if you would like to know more.

Millwood Community Centre - Is keen to take bookings, contact Deena on 07761 743411. New committee members are welcome in various roles, please contact me or Deena for more information.

Local community projects and activities: <https://bucfp.org/> <https://www.facebook.com/albionlifebn2/>
<https://www.tarner.org.uk/>

Contact me on 07378 253122 or calchester@trustdevcom.org.uk

New Ward Councillors

We're Tristram and Chandni, and are really excited to be introducing ourselves as your new Councillors for Queen's Park. We're intent on accomplishing a lot, and along with a 38-majority administration, we can. For Tarner, and indeed a lot of the ward, our top priorities are: Getting the bins sorted - from recycling to regular waste collection, what we have isn't working.

We need to sort out our green spaces and community assets - whether it's cleaning up Tarner Tower or getting public toilets re-opened and refurbished in Queen's Park, too much of our beloved ward looks neglected. The Albion Community Garden is a great example of what's possible and we'll provide whatever support we can to keep this vital project running.

Related to that second priority is creating a more responsive council. Whether cleaning tags off almost everything, fixing streetlights or filling seemingly forever potholes, residents need a swifter response to issues. The processes in place haven't worked for residents. This will change, and residents will notice the difference that your Labour councillors and a 38-seat majority can make.

We're open to sharing ideas and are always listening. We're running regular Councillor Open Doors across the ward every month:

1st Friday, 12:30-13:30 at Craven Vale Community Association in Hadlow Close

2nd Saturday, 11:00-12:00, at the Albion Hub, Thornsedale

3rd Saturday, 11:30-12:30, St. Luke's Church on Queen's Park Rd.





[The Hanover Homeless Project](#) provides essential household goods for people who are moving into a home after experiencing homelessness.

We are so delighted to be welcomed to the Albion Hub where volunteers buy, receive, pack and deliver "starter packs". These include enough basics for people with enough to help them manage through their first 24 hours.



Typically, a pack includes: Pots and pans, crockery and cutlery, bedding and towels, tea, coffee, biscuits, noodles and soup, toiletries and a notebook and pen

The HHP has been running for five years. We receive requests from a number of charities, and council departments.

Volunteers are always welcome for making up packs, shopping, delivery and fundraising.

Donations: Sort Code 52-41-00 Acc: 47629711
<https://www.hanoverhomelessproject.co.uk>

**BRIGHTON
PEOPLE'S
THEATRE**

**BRIGHTON PEOPLE'S THEATRE (BPT) WANTS TO MEET PEOPLE WITH
HERITAGE FROM ARABIC-SPEAKING COUNTRIES LIVING IN TARNER.**

Writer Suhayla El-Bushra and Director Tanushka Marah would like to talk to you about Special Occasions - what do they mean to you?

We are making a show inspired by these conversations.

Want to get involved? Get in touch with us to register your interest at hello@brightonpeoplestheatre.org or call/WhatsApp/text us on 07503 430188.



Scan the QR code to find out more about the project.



Free University Brighton at Thornsedale

The Free University Brighton (FUB) moved into the Albion Hub in the Thornsedale tower block last August. We've been running free evening classes this year, covering philosophy, history, critical thinking, theology and politics. We provide online classes as well as face to face classes in community spaces. Our slogan is 'education for love, not money'.

We have some exciting plans for next year. We are organising a year long introduction to the humanities that will run at the Albion Hub in the Thornsedale block. We've got tutors from the University of Brighton directly involved. Successful completion of this year long program of study would enable you to get a place on a humanities course at that University. If you've ever thought about getting a degree but were unsure about what was involved, here is an opportunity to find out for free. Think of this as a free foundation course.

FUB provides university level education but we cannot provide you with a piece of paper with the word 'degree' on it. Not everyone wants or needs a degree and we provide classes for all, for free, on a range of subjects in the humanities and social sciences. So whether you're thinking of pursuing a formal degree education, or whether you just want to learn for the love of it and out of your own curiosity, FUB is the place to be.

Learn more at freeuniversitybrighton.org or email us at contact@freeuniversitybrighton.org



Jollof Cafe



We are the Sussex Refugee and Migrant Self Support Group. We run the Jollof Cafe every Wednesday at West Hill Hall on Compton Avenue.

The Cafe provides a free-price lunch with a suggested donation of £5. The atmosphere is welcoming and joyous. Any money that we make goes into our destitution funds. We use those to help people out with little payments, like a taxi from a hospital appointment or a new winter coat. We also organise days out for our members. We spread the love where we go.

People can come to the Cafe for advice and support. There are case workers from local refugee housing charity, Thousand 4 £1000 (T4K) and Refugee Radio. We are all experts by experience and happy to support new members as they do battle with the Hostile Environment.

If we haven't met you yet, we look forward to breaking bread with you. Talk to strangers, you never know, some of them might have sweets. You can follow us on Instagram, @jollof.cafe and facebook.com/jollofcafe



Healthy Neighbourhood Fund

Small grants for health and wellbeing related activity in Tarner and Eastern Road

- Want to start a health related group activity?
- Something with a clear public health outcome.
- You can apply for up to **£500** towards your group.
- The deadline for applications is **September 29th**.

For more information and application forms please contact Cal

M: 07378 253122

E: calchester@trustdevcom.org.uk

☎ 07754287772

✉ GrowYourLife123@gmail.com

📷 @GrowYourLife123

GROW YOUR LIFE



Food, Fun and Creativity!

Upcoming events to be held at:

- The Queery
- Albion Life Community Centre
- Bristol Estate Community Rooms

- Regular meet-ups
- Creative workshops
- Sustainable and affordable fresh food
- Problem-solving
- Community-building
- Weaving People-care and Earth-care

A springboard for anyone who faces marginalisation or additional struggles in daily life

- Parent and Carer friendly
- Please get in touch to talk about how we can best support any accessibility needs

Booking and more info here: bit.ly/gylevents





We are a team of volunteers using a Social Supermarket model, in order to provide an affordable food shop run by the community, for the community.

When? Thursdays, 12:00pm

Where? Phoenix Community Centre,
2 Phoenix Place, BN2 9ND

How you can help?: to continue we need support from volunteers, local food providers and the community:

BY VOLUNTEERRING: bag packers to food providers, car drivers to tea makers.

BY DONATIONS: From food to flyers, leeks to laptops, you'd be surprised by the things we need to run our services.

Get in touch:

Email: info@phoenixfood.org

Facebook: [@PhoenixFoodShop](https://www.facebook.com/PhoenixFoodShop)



Questionnaire

Please fill in the brief questionnaire and return to us.

Your Tarner Newsletter ... (please tick all that apply!)

Look forward to receiving it. ☐

Never seen or read it before. ☐

Use it for guinea pig bedding. ☐

Usually throw straight in bin. ☐

How often would you like to receive Tarner Newsletter? (please tick one!)

Twelve times per year(monthly) ☐

Six times per year (bimonthly) ☐

Four times per year (quarterly) ☐

Two times per year (six monthly the current frequency) ☐

I would like to subscribe to a digital version of Tarner Newsletter. (Chance to win £25)

my email is

Would you like to see a... (please tick all that apply!)

Monthly Diary of Events ☐

Contact Details for Local Groups ☐

Doctor and Dentist Contact Details ☐

Children's Activities ☐

Tarner's Got Talent Contest

Other:
Your Suggestion (**Chance to win £50**)

You can email/post your entry to: Cal Chester
calchester@trustdevcom.org.uk or TDC,
Community Base, 113 Queens Road, BN13XG

One reply, selected at random, will receive a £25 prize, and £50 prize for the best suggestion



Thinking of renting a room in your house?

Having a Sussex University student can be
a great way to generate some income.
Contact us at studentpad@sussex.ac.uk

www.sussexstudentpad.co.uk